



HERSTAL EJU OTC 2023

Herstal - Belgium

January 30- February 02, 2023

1. Date

January 30th – February 02nd 2023

Training program is attached to the outlines

2. Organizer

Belgian Judo Federation:

Place des Sports, 1 - B1348 Ottignies-Louvain-La-Neuve

Tel.: +32 10 24 44 01

Email: info@ffbjudo.be

Emergency Contact:

General matters and Accommodations: Mr.Saber El Moudni saber.el.moudni@ffbjudo.be +32(0)470.688.269

Transport: Ms. Nica Antonis; nica.antonis@ffbjudo.be +32(0)471.561.482

3. Regulations to minimize COVID-19 related risks

Before Travelling

- 1• Passports must be valid for at least 6 months from the date of arrival.
- Check host country entry requirements and airline requirements (if applicable).
- Check if you need a visa, and if yes, request it from the LOC according to the details in the ENTERING THE HOST COUNTRY section.
- Upload travel information (arrival and departures) to my.ijf.org for help contact covid@ijf.org
- Book accommodation with the LOC.
- Have a signed and approved individual Liability Release Waiver (LRW) in my.ijf.org. The document can be found under the link: <https://www.ijf.org/covid19/2663>.

Entering the host country

Everyone is responsible to ensure they follow the entry rules (passport validity, visas, entry permission letter, COVID-19 etc.) for the host country. Entry rules may be subject to change, the current information can be found here: [Home | Coronavirus COVID-19 \(info-coronavirus.be\)](https://www.info-coronavirus.be)

Please, check if you need any additional documents.

Insurance

It is the responsibility of the National Federation to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19 related costs, including repatriation. The LOC of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a National Federation delegation member during the event.

Before and during the Event

- Follow the host country's Government COVID-19 measures (see ENTERING THE HOST COUNTRY section).
- Follow the IJF COVID-19 Protocol rules (covid.ijf.org).
- Wash/sanitise your hands regularly.
- Report to the delegation, EJU or LOC COVID-19 Manager and submit yourself to contactless temperature measurement and/or COVID-19 testing in case of COVID-19 infection suspicion.
- The LOC Government measures may be stricter than those detailed in the IJF COVID-19 protocol or vice versa, the stricter rules MUST be followed.

Mask Wearing

Mask wearing is optional*, unless it is mandated by the host country's government with the exceptions of competing/refereeing/coaching/awarding ceremony, on/at the field of play tatami, on the warm-up tatami whilst warming up or on the training tatami whilst training, or while eating in designated dining areas.

*The EJU Medical Commission still recommend the wearing of masks in areas where social distancing is not Possible

Exit tests

Exit tests, if required, may be booked with the LOC

4. Venue

Hall Omnisports "La Préalles"

Rue Emile Muraille 158 - B4040 Herstal

5. Participation

EJU/IJF Member Federations can participate at the OTC. The numbers of athletes participating in the EJU OTC may be limited.

6. Deadlines

Visa application:	January 16th, 2023
Reservation Form Hotel/Transport:	January 16th, 2023
Payment before:	January 16th, 2023
Final Entry by name, Rooming list:	January 16th, 2023
Judobase Registration:	January 16th, 2023

7. EJU Participation Fee

30 € per participating athlete.

8. Age

15 years old and over (Born in 2008 and before)

9. Responsibility of the Federations

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and Hungarian Judo Association decline all responsibility.

10. Accreditation

When?: On January 30th from 6 PM until 8 PM or on January 31st from 8 AM to 9 AM.

Where?: Post Hotel & Wellness. Rue Hurbise, 160 - 4040 Herstal.

To confirm the entries of all athletes, officials, and accommodation payment.

11. Facilities

Tatamis will be approx. 900 m²

12. Transport

Arrival Airport : Brussels Airport (Zaventem, BRU), 25.00 € one way per person

The transfers from other airports can be organised by special request to the organiser.

Arrival train station : Liège Guillemins, free of charges

Departure to the Paris Grand Slam is possible on Thursday February 2nd for 60 € per person

13. Accommodation

Hotel reservation is handled on a first-come, first-served basis.

Category A: Post Hotel & Wellness – Rue Hurbise, 160 - 4040 Herstal

Prices are per person per night B&B, min 4 nights

Single € 120,00

Double/Twin € 85,00

Category B: Campanile Liège - Rue Jean-Baptiste Juppin 17/18, 4000 Liège

Prices are per person per night B&B, min 4 nights

Single € 110,00

Double/Twin € 75,00

Reservations will be processed according to the date of your booking. In case your chosen category is fully booked, you will be informed and requested to make a new reservation.

Check-out not later than 10:00 AM

Meals

Meals can only be added for the whole period (e.g. only lunch and / or dinner for all days) at a price of 20 € per meal per person.

Full board is starting with dinner on the day of arrival (Sunday) and ending with lunch on the day of your departure (Thursday).

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

Every accredited person not staying at the official accommodations must pay 200€ (in addition to EJU Participation fee).

14. Cancellation policy

Cancellations:	30 days before arrival:	full refund
	29 -15 days before arrival:	50% refund
	14 days before arrival;	no refund, 100% of the hotel costs must be paid

In case of event cancellation by the EJU or the Belgian authorities full payment will be refunded.

15. Payment

To confirm your entry, kindly complete the payment for accommodation **before January 16th, 2023** to our bank account. All bank fees and money transfer costs must be paid by the sender federation.

Account Holder:	Fédération Francophone Belge de Judo
Name of bank:	BNP Paribas Fortis
IBAN:	BE83 2500 0678 3015
BIC:	GEBABEBB
Payment reference:	Booking 'your country' OTC BEL 2023

16. Visa

For nations who need VISA to enter Belgium, please send the filled in form not later than January 16th, 2023, to info@ffbjudo.be

17. Training program

Date	Schedule	Warming up	Randori (2 groups: Women & Men)
Monday, January 30 th	10h-12h	15-20min	2 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	3 x 4 min – Ne Waza 8 x 4 min – Tachi Waza
Tuesday, January 31 st	10h-12h	15-20min	3 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	8 x 4 (+1 GS) min – Tachi Waza
	20h	Drink for coaches and officials	
Wednesday, February 1 st	10h-12h	15-20min	3 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	2 x 4 min – Ne Waza 7 x 4 min – Tachi Waza
Thursday, February 2 nd	10h-12h	15-20min	4 x 3 min – Ne Waza 5 x 4 min – Tachi Waza